



GOD'S SECRET WISDOM

The Art of Daily Living...Biblically

**Click for next page*

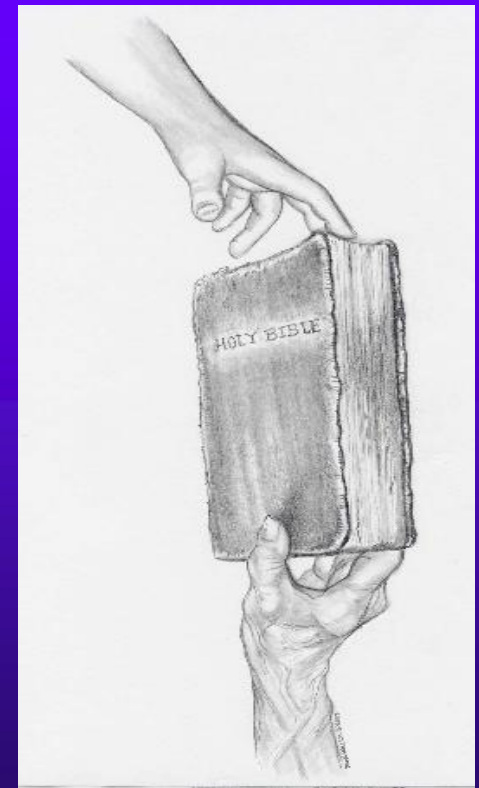


Seeking a fuller life of satisfaction...?

- ◆ “I’m disorganized!”
- ◆ “I can’t get my act together!”
- ◆ “My inner soul is a mess!”
- ◆ “My personal existence is a failure.”
- ◆ “Help me!!!!”

What is the goal of this project?

- ◆ ...to transform the all encompassing 24 hours, 7 days a week of non-accountable hours into a plan purely guided by the biblical scriptures.
- ◆ ...to seek balance not perfection
- ◆ ...to claim peace and not chaos





*We are complex beings...
All areas of our life are knitted together...
Understand your complexity...
Consider the eight areas of personal Discipline...*



-  Spiritual Growth
-  Social Outlet & Solitude
-  Environmental Appreciation & Involvement
-  Family & Emotional Support
-  Mental Growth & Education
-  Health, Hygiene & Physical Outlet
-  Hope, Vision & Creative Art
-  Calling, Career, Finances, & Chores






Use all 8 fields in a week

No two people are alike...
Somehow we need to balance all these areas of discipline.

Come discover the secret...

Three areas of balance can be met at the same time...walk with a friend and memorize a life verse!



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-  Social Outlet & Solitude
-  Hope, Vision & Creative Art
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-  Family & Emotional Support
-  Mental Growth & Education



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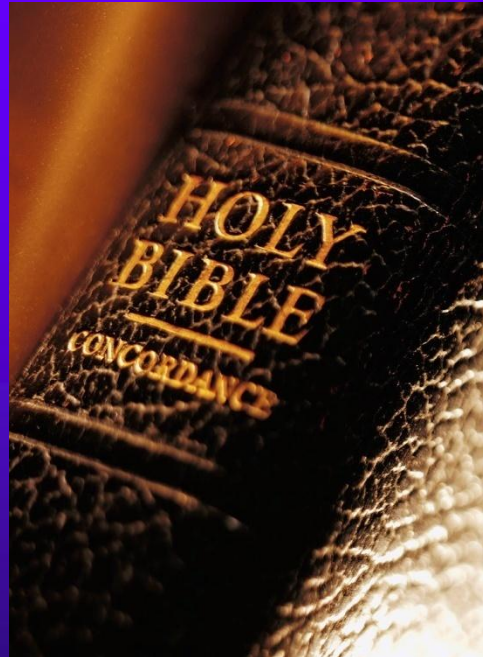


Each of the following disciplines contains several features:



- ◆ Definitions
- ◆ Motivating Quotes from Authors
- ◆ God's Secret Wisdom from the Holy Bible

1. Spiritual Growth



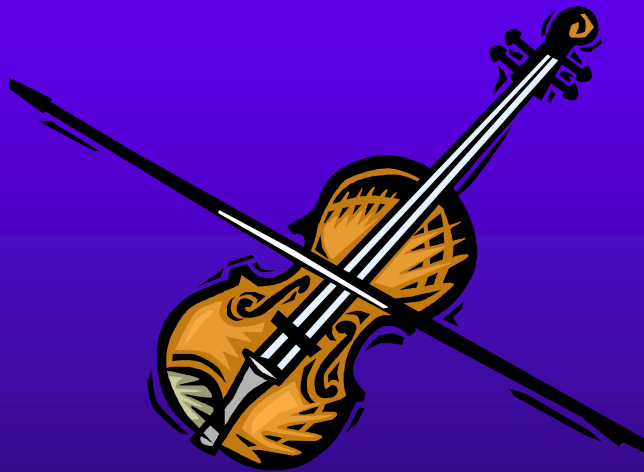
- ◆ Read Bible each day
- ◆ Journal prayers
- ◆ Fellowship
- ◆ Be Baptized
- ◆ Take a mission trip
- ◆ Test you faith
- ◆ Evangelize someone
- ◆ Practice purity

2. Calling, Career, Finances & Chores

- ◆ Discover your gift
- ◆ Tithe to your church
- ◆ Budget your account
- ◆ Create a chore chart
- ◆ Make a job commitment
- ◆ Advance your skills
- ◆ Toss junk
- ◆ Put order in your home



3. Hope, Vision, Creative Art



- ◆ Remember Heaven
- ◆ Play an instrument
- ◆ Paint
- ◆ Work with your hands
- ◆ Listen to music
- ◆ Write poetry
- ◆ Build a playhouse
- ◆ Remodel a room
- ◆ Plan a memorable holiday

4. Social Outlet & Solitude

- ◆ Meet over coffee
- ◆ Walk on the beach
- ◆ Count the stars
- ◆ Smell the flowers
- ◆ Pet a dog
- ◆ Join a cause
- ◆ Design a helps program
- ◆ Take a bubble bath
- ◆ Send “Thank You” notes



5. Environmental Appreciation & Involvement



- ◆ Create a garden and add used coffee grounds
- ◆ Pick up trash at the beach
- ◆ Plan a camp out
- ◆ Plant a tree
- ◆ Donate your used goods
- ◆ Support environmental causes
- ◆ Shop at yard sales and Second hand shops

6. Health, Hygiene & Physical Outlet

- ◆ Join a sports club/team
- ◆ Get 8 hours of sleep
- ◆ Exercise regularly
- ◆ Drink extra water
- ◆ Eat balanced meals
- ◆ Set physical & dental examinations
- ◆ Brush/floss your teeth
- ◆ Shower/use deodorant



7. Family & Emotional Support

- ◆ Sit down together at dinner time and chat
- ◆ Mentor/be mentored
- ◆ Pray over your family
- ◆ Encourage a friend
- ◆ Seek good counsel
- ◆ Go on a date
- ◆ Play and have fun with someone you enjoy
- ◆ Join an accountable group



8. Mental Growth & Education



- ◆ Read! Read! Read!
- ◆ Get a degree or master a trade
- ◆ Advance your skills on the computer
- ◆ Memorize scripture
- ◆ Keep a journal
- ◆ Research a subject of passion
- ◆ Go on field trips



Psalms 16:7-11

- ◆ *I will praise the Lord, who counsels me; even at night my heart instructs me. I have set the Lord always before me. Because he is at my right hand, I will not be shaken. You have made known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.*

Accountability & Application



Where Will I Be in 10 Years?

What will my career/calling be? Current age plus 10 years _____
What will you be like?

What will be my physical & emotional condition?

Will I be married? Have children?

Will I travel or study at a college, university, trade school?

Will I be committed to a social, political, or environmental issue?

In the midst of a busy schedule, will I make time for creative art, completing a dream, or maintaining hope for heaven?

What will my home, car, financial account be valued at? Style?

Will there be a tithe to a church, and/or offering to a non-profit organization?

Will I have faith in God? What will I be to support this belief?

Age today: _____

*Begin with the end in mind..
keep your goals before you!*

Your turn...

- ◆ Where will you be in the next ten years?



Begin to
dream...
short &
long-term
goals

Worksheet for Short Term Goals

Dream...Think ahead ten years...What do you picture your life to be? Date: _____

Fill in only the goals that will be started this week.

1. Spiritual Growth: _____

2. Calling, Career, Finances & Chores: _____

3. Hope, Vision & Creative Art: _____

4. Social Outlet & Solitude: _____

5. Environmental Appreciation & Involvement: _____

6. Health, Hygiene & Physical Outlet: _____

7. Family & Emotional Support: _____

8. Mental Growth & Education: _____



Weekly Agenda

Your turn...Schedule your week!

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
| 6-9a | 6-9a | 6-9a | 6-9a | 6-9a | 6-9a | 6-9a |
| 9a-12p | 9a-12p | 9a-12p | 9a-12p | 9a-12p | 9a-12p | 9a-12p |
| 12-3p | 12-3p | 12-3p | 12-3p | 12-3p | 12-3p | 12-3p |
| 3-6p | 3-6p | 3-6p | 3-6p | 3-6p | 3-6p | 3-6p |
| 6-10p | 6-10p | 6-10p | 6-10p | 6-10p | 6-10p | 6-10p |

Write and display
your weekly
agenda...

◆ use all

8 disciplines



Place your largest time/priority commitments in your schedule.

Use all 8 fields of discipline in one week...check them off as you use them!

- Spiritual Growth
- Social Outlet & Solitude
- Environmental Appreciation & Involvement
- Family & Emotional Support
- Mental Growth & Education
- Health, Hygiene & Physical Outlet
- Hope, Vision & Creative Art
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Mission... Why do you exist? What is your purpose here?



My Mission Statement

Lined area for writing a mission statement.



Closing: The “Rice Hill” Theory



Every day I would bring “my daily rice tithe” to God...collecting a single grain each day. One grain of rice became a pile...till the pile became an actual hill...the “Rice Hill.”

- ◆ “It is good to have an end to journey toward; but it is the journey that matters in the end.”

“Today is the visible tip of the iceberg.
Eternity is all the rest you don't see
underneath the surface.” -Purpose Driven Life





Related Recommended Reading List and Workbooks

- ◆ Chat with God, Prayer Journal
- ◆ Choices: For Women Who Long to Discover Life's Best
- ◆ Created for Excellence
- ◆ Experiencing God: Knowing and Doing the Will of God (Workbook)
- ◆ First Things First
- ◆ The Life You've Always Wanted
- ◆ The Purpose Driven Life

Special Thanks

- ◆ *Cover and compilation:*
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Come visit us... www.chatwithGod.org

- ◆ *God's Secret Wisdom*
- ◆ 35 pages, includes workbook pages and graphs...e-Book only.
- ◆ *Author: Jennifer Hope Webster*

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