



# SPEAKING NOTES

**Chat with God: 40 Days, Prayer Journal**

**Notes & Small Group Discussion**

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**Notes:**

**Chat with God: 40 Days**  
**...Prayer Journal**

*Introduction*

1. The world has sought long and hard regarding the secrecy of talking with God. With the Scriptures available to us, is this really a \_\_\_\_\_?
2. Building a relationship with God is essential for \_\_\_\_\_...
3. Journaling “A \_\_\_\_\_” phrases or praises,
4. “C \_\_\_\_\_” of daily sins,
5. “T \_\_\_\_\_” by appreciation,
6. and “S \_\_\_\_\_” prayers in support of oneself and others, significantly impact life.

Begin entering “**Answered Prayer**” in log provided at the back of the book

7. Hearing the Word of God and prayer is the discipline required by all men and women of f \_\_\_\_\_:

“So **faith** cometh by hearing and hearing the word of God (Romans 10:17 KJV).”

“The effective prayer of a righteous man can accomplish much (James 5:16c NAS).”

The Lord has sent me through an amazing Christian pilgrimage that I have only begun to travel.

8. One’s personal prayer journal library can provide a legacy of faith, perseverance, p \_\_\_\_\_ ch \_\_\_\_\_, and hope (Romans 5:1-5) confirming that: “...all things God works for the good of those who love him, who have been called according to his purpose (Romans 8:28 NIV).”

**Small Group Questions:**

- 1) What is your effective way of communicating a prayer life with Jesus?
- 2) Are you satisfied with your relationship with our Lord? Why or why not?
- 3) What are your pitfalls to consistent prayers?
- 4) If you could describe a short sentence or paragraph to someone who does not know of talking to God, how would you briefly explain “prayer”? (Evangelism)

**Notes:**

**Acknowledge Him in Adoration**

1. Adoration is the “act of \_\_\_\_\_” and “profound love or regard” for God
2. God is our \_\_\_\_\_ (see: Deuteronomy 8:3; Nehemiah 9:15; Isaiah 49:10; Luke 6:21; Revelation 7:16).
3. Spiritual warfare: Psalm 38:19; Psalm 56:2; Psalm 59:3 “For your sake we face death all day long; we are considered as sheep to be \_\_\_\_\_ (Romans 8:36).”
4. Anointing: Exodus 3:25; Isaiah 61:3; James 5:13-15; Psalm 23:5
5. The Bible as our \_\_\_\_\_
6. Exalting God
7. Our God Formed Us for \_\_\_\_\_  
“You shall have no other gods before me (Exodus 20:3).”
8. “...choose for yourselves this day whom you will serve...But as for me and my household, we will serve the \_\_\_\_\_ (Joshua 24:15).”
9. *The Final Word~*  
The word of God is so full of riches on “Adoration.” Let me step aside and give the book of Nehemiah the final word. **“Ezra praised the LORD, the great God; and all the people lifted their hands and responded, ‘Amen! Amen!’ Then they bowed down and worshiped the LORD with their \_\_\_\_\_ (Nehemiah 8:6).”**

**Small Group Questions:**

- 1) What is your effective way of worshiping with Jesus? Singing, Silence, Nature walks?
- 2) Are you satisfied with your unique way of worship? Why or why not?
- 3) What are your pitfalls to achieving consistent adoration?
- 4) If you could describe a short sentence or paragraph to someone who does not know of worship, how would you briefly explain “Adoration”? (Evangelism)

Notes:

## *Confession is Crucial*

*“Confession without change is just a game.”*  
The Daily Walk, Walk Thru the Bible Ministries, May 5, 1999

1. What specifically is confession? Confession is “a written or oral statement acknowledging guilt, made by one who has been accused or charged with an \_\_\_\_\_.”
2. Sin is the Human “\_\_\_\_\_”
3. The Thief that Comes to Kill, Still and \_\_\_\_\_ ... “God will not send us where He can not sustain us (The Daily Walk, Walk Thru the Bible Ministries, January 3, 2002).” **“Because he himself suffered when he was tempted, he is able to help those who are being tempted. (Hebrews 2:18).”**
4. God Hears the \_\_\_\_\_ ~ 2 Chronicles 34:27
5. Trials Drive Us to \_\_\_\_\_ (see: 2 Chronicles, Ezra, and Nehemiah).
6. *Say No to \_\_\_\_\_ and Worldly Passions* . “The LORD saw how great man's wickedness on the earth had become, and that every inclination of the thoughts of his heart was only evil all the time. The LORD was grieved that he had made man on the earth, and his heart was filled with pain (Genesis 6:5-6
7. *God Brings Good News* “For sin shall not be your master, because you are not under \_\_\_\_\_, but under \_\_\_\_\_. What then? Shall we sin because we are not under law but under grace? By no means (Romans 6:14-15)!”

### **Small Group Questions:**

- 1) What is your effective way of confessing your sins to Jesus?
- 2) Are you satisfied with your confession time? Why or why not?
- 3) What are your pitfalls to being honest in confession? What can help? Accountability...?
- 4) How would you describe in a short sentence or paragraph to someone who is unaware of sin and God’s “good news” of forgiveness?

**Notes:**

*Take Time to be Thankful*

1. Gratitude Transforms our \_\_\_\_\_~  
From the simple to the seemingly impossible prayer requests, God answers prayers. We must return with thankful hearts. Thanksgiving is “an act of giving thanks; an expression of gratitude, especially to God ([www.dictionary.com](http://www.dictionary.com)).”
  
2. *All Things Belong to God~*  
**“The earth is the LORD's, and everything in it, the world, and all who live in it; for he founded it upon the seas and established it upon the waters (Psalm 24:1-2).”**“Who has a claim against me that I must pay? Everything under \_\_\_\_\_ belongs to me (Job 41:11).”
  
3. “Give ear and come to me; hear me, that your soul may live. I will make an everlasting c\_\_\_\_\_ with you, my faithful love promised to David (**Isaiah 55:3**).”
  
4. Reward for O \_\_\_\_\_~ (Leviticus 26:1-13)

**“No one could distinguish the sound of the shouts of joy from the sound of weeping, because the people made so much noise. And the sound was heard far away (Ezra 3:11-13).”**

**Small Group Questions:**

- 1) What is your effective way of demonstrating a thankful heart?
- 2) Are you satisfied with your heart of gratitude?
- 3) What are your pitfalls to living a thankless life?
- 4) Describe a short sentence or paragraph to someone living in negativity and “how to begin a thankful relationship with Jesus” and those around them? (Evangelism)

**Notes:**

*Supplication Taken Seriously*

**“You hear, O LORD, the desire of the afflicted; you encourage them, and you listen to their cry (Psalm 10:17).”**

1. Supplication needs to be taken seriously. Let us consider the subject of “Supplication” which is: “to ask for humbly or earnestly, as by praying; make a humble entreaty...”
2. **“But when he \_\_\_\_\_, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the wind (James 1:6).”**
3. **“You want something but don't get it. You kill and covet, but you cannot have what you want. You quarrel and fight. You do not have, because you do not \_\_\_\_\_ God (James 4:2).”**  
**“When you ask, you do not receive, because you \_\_\_\_\_ with wrong motives, that you may spend what you get on your pleasures (James 4:3).”**
4. *A Pure Prayer~*  
I have written a “Pure Prayer” that I prefer to use as a guideline to teach others to talk to God. I want to emphasize asking “BIG” prayers. For instance, if you are going to pray for a missionary, orphan, homeless, politician, widow or a sick friend, pray for \_\_\_\_\_ of missionaries, orphans, homeless, politicians, widows, and sick too! The Lord does not want careless, repetitive prayers. He wants a broken and contrite heart (**Psalms 51:17**), honest, holding nothing back.
5. \_\_\_\_\_ *Deceives a Whole World~*
6. **“Put on the full \_\_\_\_\_ so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. (Ephesians 6:11-17).”**

**Small Group Questions:**

- 1) What are your effective ways of praying for yourself and others?
- 2) Are you satisfied with your “supplication” prayer life? Why or why not?
- 3) What are your pitfalls to praying over your needs and that of others?
- 4) If you could describe a short sentence or paragraph to someone who does not know how to intervene and pray on behalf of another, how would you briefly explain “Supplication”? (Evangelism)